

Together @ Home

Lectionary Edition

Sunday 7th June

Trinity Sunday



Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.

Bible Passage

Today we will be exploring together, the story of the Great Commission and thinking about the Holy Trinity.

You can find the story in your Bible in:

Matthew 28:16-20

Read the story together – choose a Bible translation or children's story version which best suits your group.

The other passages we might be thinking about at church this week are:

Genesis 1:1-2:4a

Psalm 8

2 Corinthians 13:11-13

A prayer to say together

Dear God,

Thank you that you love us and want us to be in relationship with you. Help us to know you as our loving father. Help us to know Jesus, thank you for his sacrifice on the cross and the example of his life that we have to follow.

Thank you that we are not alone but that we have the Holy Spirit as our helper, living inside us and helping us to live for you.

Help us on our mission to go and share your love, teaching and making followers throughout the world.

Amen

Discussion

A question for adults to ask children

What is the Holy Trinity? What do you know about God the Father, Jesus and Holy Spirit?

Even though there is only one God, God himself is made up of three persons – God the father, God the son and God the Holy Spirit. When Jesus was on the earth, he told his disciples to baptize people in the name of “the Father and the Son and the Holy Spirit” – Jesus wants everybody to know all three aspects of the Holy Trinity.

Jesus said he wanted to know God in the same way that he did, as a father loves his son. Jesus himself came to the earth fully God and fully human, he lived his life as an example for us to follow and died to take the punishment for our sins. Holy Spirit is our helper, God living in us and helping us to live right for God and know God near.

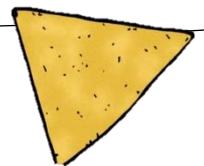
A question for children to ask adults

What different sides are there to who you are?

Our children will know us as mum or dad, but there will be aspects of us they do not know – why not share about who you are to your friends or to others at work.

Family Activity 1

Go and... find triangles



Jesus gave his disciples a mission to go and make followers throughout the world. Here is a mission for your family today.

Go around your house and garden looking for things that come in threes or which have three sides. Visit each room in the house and give yourself one minute to find as many items as you can which are triangle shaped or have three parts to them. How many can you find in each room?





A verse to remember

2 Corinthians 13 v 14

The grace of the Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all.

This bible verses is known as 'The Grace' – we sometimes use it in church meetings as a prayer over one another. How amazing to know all three persons of God and experience the variety and complexity of who God is. However much we learn about God there will always be more to discover.

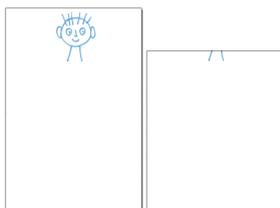
Try to learn this verse together, you could come up with some actions to help you remember it . Why not decorate the verse on a piece of paper or card together and put it up somewhere to remind you of it through the week?

Family Activity 2

You will need: Paper, pens

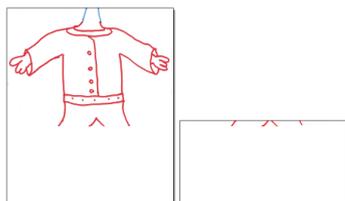
Each person has a piece of paper. In the top third of the page you need to draw a head.

Fold the drawing of the head behind the paper, making sure that the lines of the neck can still be seen. Then pass the paper to the person on your right.

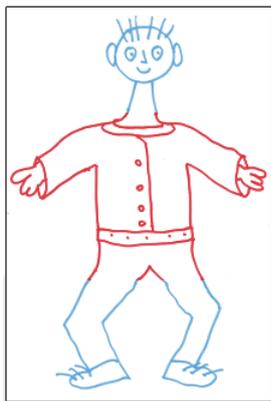


On your new piece of paper draw a torso with arms. Join the torso onto the two neck lines left by the person before you.

Fold the drawing of the torso behind the paper, making sure that the lines of the torso can still be seen, or the tops of the legs. Then pass on our papers again.



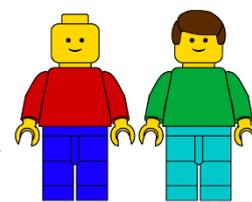
On your new piece of paper complete the body by drawing legs and feet. Once everybody is finished unfold your pages to see what you have drawn.



Each piece of paper should have one person on it, but the different parts of the person will be very different. In the same way although God is one, we can meet with God and experience different aspects of who God is.

Active Prayer

You will need: pens,
paper, Lego/toy figures



The Great Commission was not just for Jesus' followers at the time but is also a mission for us today.

We might not be able to meet in person for all our friends that do not yet know Jesus but we can pray for them and share God's love with them.

Find some toy figures e.g. Lego, Happyland that you can use to represent friends that don't know Jesus yet. (You can also do this without the figures.)

Think of a friend or family member who doesn't yet know Jesus as their friend. Pick a figure to represent them and put them on your page. Write their name by the figure.

Once you have named all the figures take it in turns to pick up a figure and pray for the person they represent.

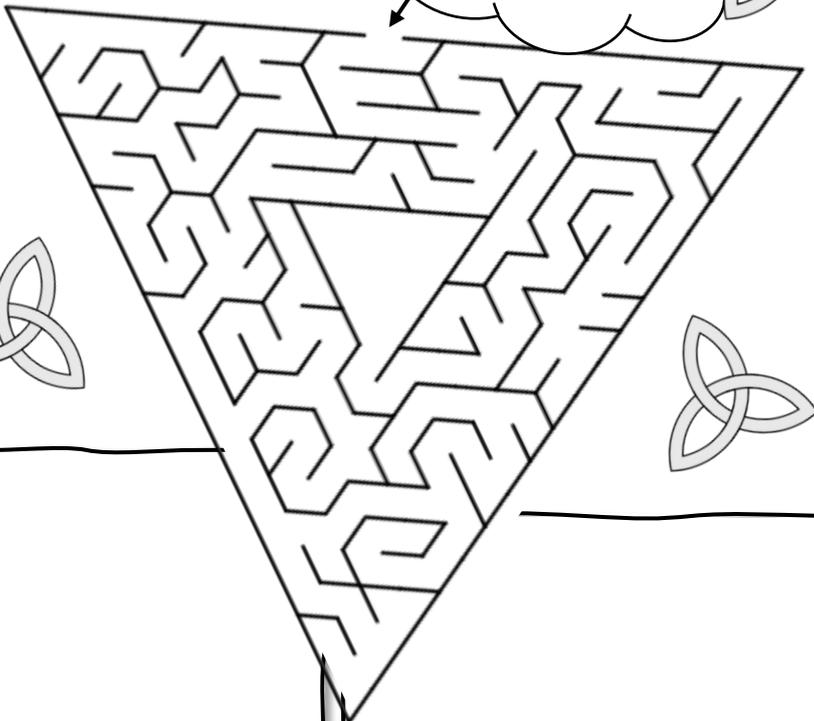
Put the piece of paper with the names on it somewhere in the house, can you send an encouraging message all the people on this list this week? Cross them off the sheet when you have been in contact with them.

A colouring page you could print and colour together

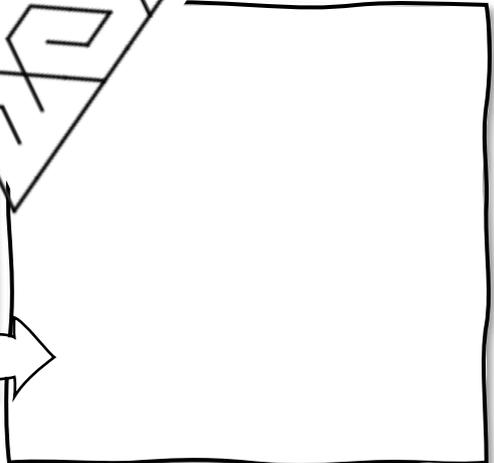
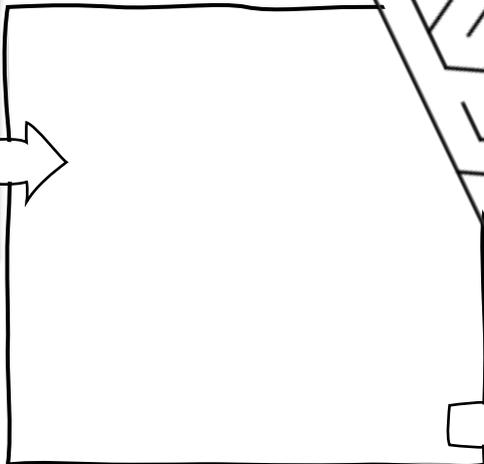
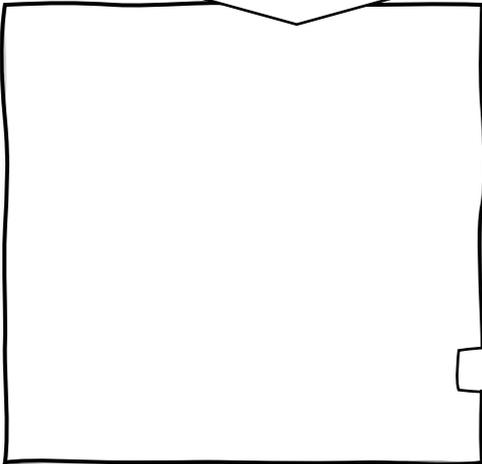


Puzzle Sheet

Can you find your way to the centre of the maze?



Jesus told his disciples to go and share his story around the world. Draw your own pictures to help others understand who God is!

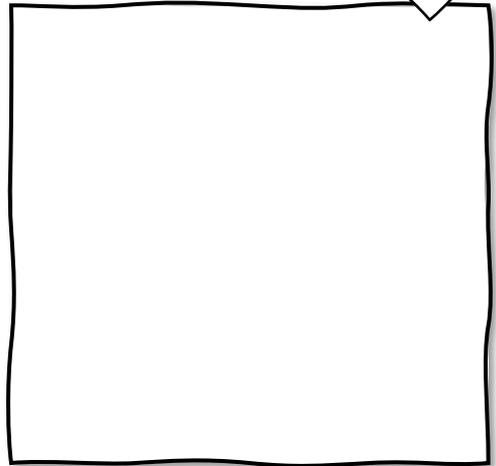
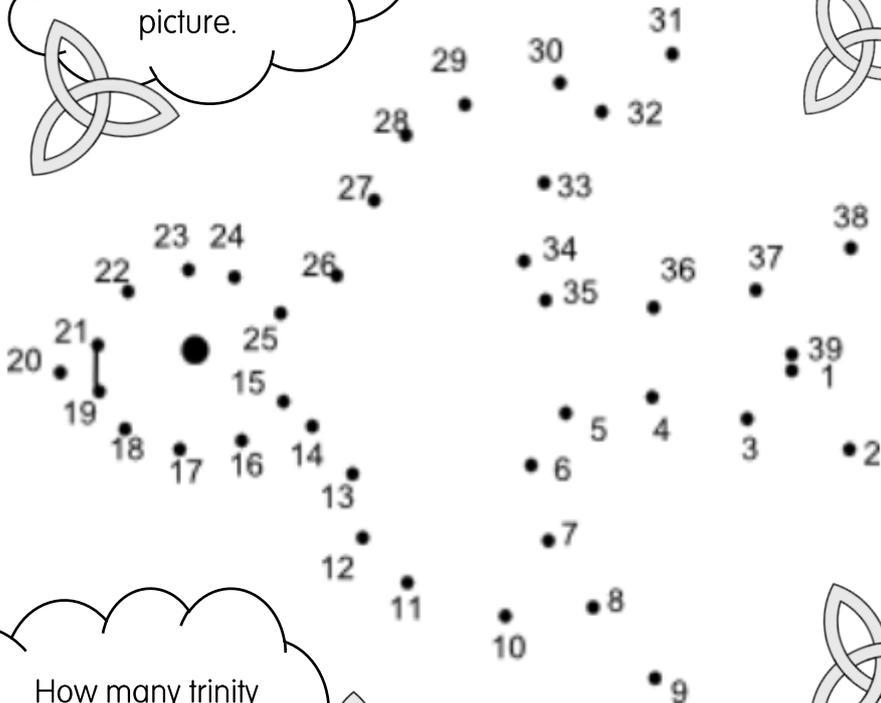


God created the world and everything in it. God wants to be friends with each one of us.

But people sinned and turned away from God.

God sent his son Jesus to show us how to live for Him and to take the punishment for all our sins.

Join the dots in order to reveal a picture.



Jesus sent the Holy Spirit to be our helper as we continue to share God's love with others.

How many trinity knots can you find on the page?

There are 7 trinity knots hidden on the page.