

The Tenth Sunday After Trinity

16th August 2020

Notices

Time to Replace the Carpet Pledge:

Thank you those of you who already have made your pledge towards our new flooring and other repairs we need to do in church this Autumn.

More information from our website

<http://resurrectionstbarnabas.org.uk/>

Please consider giving as generously as you can. Thank you.

Just click this easyfundraising picture to make your pledge



Summer Challenge for kids: During the summer, we post a 'Be A Summer Hero' challenge on our Facebook page on Mondays, please check it out.

Giving: Regular giving is possible via bank standing orders. The details are:

Account name: Parish of the Good Shepherd & St Barnabas

Sort code: 77-19-46

Account number: 00034309

Branch: TSB Longsight

Years In Mind:

Birthdays:

Zarah 2nd August

Reflection August is often a month of rest and holiday, a kind of sabbath. Sabbath is a beautiful creation from a concerned God wanting to take care of his children and encouraging them to rest and to seek renewal of body and mind. It's very easy in our demanding lifestyles to never stop and take time out and many people have misunderstood sabbath to be a legalistic requirement of religion, focusing on the 'can't' instead of its true purpose. I've heard it described many times as the day 'you are not allowed to work,' or the day, 'you have to go to church.'

But the way we view sabbath will affect the benefits we get from it. If we see it as a negative, we will experience it as a negative. However, if we turn it around and see it as a positive, we will experience it as a positive. We really do reap what we sow in this case. Our attitude really can dictate how we experience life and whether we really find fulfilment in it. And after all, we have our Lord Jesus Christ, who has pointed out, "the Sabbath was made to help people. People were not made to be ruled by the Sabbath." (Mark 2:27 ERV). The sabbath was given as a gift for humankind's own good, not created as something to be a burden.

I hope that you find time for refreshment and renewal this week ahead of you.

Rev Maria

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Church of the Resurrection,
The Good Shepherd and St Barnabas, Eastlands



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